
Week 5: Final Days and Consecration

Days 29-33 | Holy Moments, virtue, obedience, surrender, and living the consecration

FATHER'S OPENING RETREAT CONNECTION

Father described the Eucharistic life as being taken, blessed, broken, and given. Week 5 asks what you must surrender so Jesus can give your life for others.

Day 29: Holy Moments

Daily practice: Create one small Holy Moment on purpose.

PERSONAL INSPECTION

Where can I let Jesus take, bless, break open, and give my life in one small Holy Moment today?

GROUP OR COUPLE QUESTION

What Holy Moments have we witnessed recently?

Day 30: Holiness Is Possible

Daily practice: Choose one holy response in an ordinary situation.

PERSONAL INSPECTION

What makes me doubt that holiness is possible for me?

GROUP OR COUPLE QUESTION

How does thinking in small Holy Moments make holiness less intimidating?

Day 31: Legacy of Virtue

Daily practice: Practice that virtue once today.

PERSONAL INSPECTION

What virtue do I want to be known for when my life is complete?

GROUP OR COUPLE QUESTION

Which virtues would most bless our families and parish?

Day 32: Obedience and Freedom

Daily practice: Say yes to one clear good you have been avoiding.

PERSONAL INSPECTION

Where could obedience open me to God's freedom instead of my control?

GROUP OR COUPLE QUESTION

When has obedience led to freedom rather than restriction?

Day 33: Whole Self to Jesus

Daily practice: Pray your consecration with honesty, then choose one practice to continue.

PERSONAL INSPECTION

What am I still holding back from Jesus in the Eucharist?

GROUP OR COUPLE QUESTION

What practice will help this consecration overflow into mission after today?

Weekly Review

Use this space before beginning the next week.

What did Jesus show me in these final days?

What did I surrender, and what still needs patience?

How will I live this consecration after Day 33?

Final Consecration Journal

Take more time here. This is the place to gather the fruit of the whole journey.

What did I receive from Jesus during these 33 days?

What did I surrender, and what do I still need to keep surrendering?

How did this journey affect my marriage, family, parish, service, or daily life?

What practice will keep my consecration alive after Day 33?

What do I want to remember one year from now?
